The Fruit Of The Spirit Sun Am KZ Lesson 6/25/23

# Memory Verse: Galatians 5:22-23 NKJV

# 22But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, 23gentleness, self-control. Against such there is no law.

Target Thought: The Holy Spirit produces fruit in our life.

Do you like fruit? I love fruit. Most fruit not only tastes good, but it is also good for you. Take an orange, for example, it is sweet and juicy and has a lot of vitamin C. Vitamin C helps to prevent colds, runny noses, and sore throat. How about a shiny red apple. Apples are good for you too. I've always heard that "an apple a day keeps the doctor away." When you are looking for something special to take to your favorite teacher, an apple is a good choice. Surely you have heard of "An apple for the teacher."

Our Bible lesson today is about fruit. No, we aren't talking about apples and oranges. It is about a different kind of fruit -- the fruit of the Spirit. There are 9 fruits of the Spirit, let’s count them (read memory verse). We are talking about the way we act when we put our faith in Jesus, ask him to forgive us of our sins, and promise be his followers. This fruit of the Spirit should be seen in our life. People should be able to know we are Christian by the fruit we bear.

The Bible tells us that to be a Christian means to act like and live like Jesus. When we do that, the Holy Spirit fills us with God's love and produces some good fruit in our life. As we live our life we should make decisions just like Jesus did, we should love others, just like Jesus did, people will see the fruit of the Spirit in our life.

When we follow after Jesus and do what He tells us to do, He will give us all that we have need of so that we can live a full and happy life.

If you see an apple tree, what do you expect to find on that tree? Apples! Well, when you see someone who is filled with the Holy Spirit, you expect to see what the Bible calls the fruit of the Spirit. What is that? It is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control (Galatians 5:22-23). Oh my, that is some good fruit, isn't it?

Are we always patient? Are we always gentle and kind? No, there will be times when we fail. When we fail, ask God to forgive us and to refill us with His Spirit so that we will produce the kind of fruit that He wants to see in our life.

Heavenly Father, fill us with your Spirit so that we will show the fruit of the Spirit in our lives. In Jesus' name we ask. Amen.

1 How many fruits of the Spirit are there?

2 Should people know that we are Christians by the fruit we bear?

3 Does being a Christian mean that we are to act like and live like Jesus?

4 When we follow after Jesus will He give us what we need to have a happy and full life?

5 What do we do if we are not always bearing the fruit of the Spirit?