The Fruit Of The Spirit Sun Am KZ Lesson 3/12/23

# Memory Verse: Galatians 5:22-23 NKJV

# 22But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, 23gentleness, self-control. Against such there is no law.

Target Thought: The Holy Spirit lives in us.

Today we are talking about the fruit of the Spirit. I like fruit, I know you guys like fruit. Most fruit not only tastes good, but it is also good for you. Take an orange, for example, it is sweet and juicy and has a lot of vitamin C. Vitamin C helps to prevent colds, runny noses, and sore throat. How about a shiny, red apple? apples are good for you too. I've always heard that "an apple a day keeps the doctor away." When you are looking for something special to take to your favorite teacher, an apple is a good choice. Surely you have heard of "An apple for the teacher."

Our Bible lesson today is about fruit. No, we aren't talking about apples and oranges. It is about a different kind of fruit -- the fruit of the Spirit. We are talking about the way we act when we put our faith in Jesus, ask him to forgive us of our sins, and promise to be His followers. The Bible tells us that when we do that, we are filled with the Holy Spirit and filled with God's love and this produces good fruit in our life. When we love Jesus we will act like we love Him. Our actions prove more than our words.

If you see an apple tree, what do you expect to find on that tree? Apples! Well, when you see someone who is filled with the Holy Spirit, you expect to see what the Bible calls the fruit of the Spirit. What is that? It is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control (Galatians 5:22-23). Oh my, that is some good fruit, isn't it? Let’s talk about the fruit, self control for example, explain self control. What was one of the things Jesus said about love, He said if you love you will keep My commandments.

When you tell others that you are a Christian do you think they expect you to act like Jesus? Do you think Jesus expects you to act like Him? All of the time or just sometimes? Are you always patient? Are you always gentle and kind? No, there will be times when you fail. When you fail, ask God to forgive you and fill you with his Spirit so that you will produce the kind of fruit that he wants to see in your life.

Heavenly Father, fill us with your Spirit so that we will show the fruit of the Spirit in our lives. In Jesus' name we pray. Amen.

1 Is the fruit of Spirit about the way we act?

2 Does our actions prove more than our words?

3 Name 2 fruits of the Spirit.

4 Does Jesus want us to act like Him all of the time?

5 What do you do if you miss acting correctly for Jesus?