There’s No Fear In Jesus KZ Lesson Sun Am 9/25/22

# Memory Verse: Isaiah 41:10 NKJV

# 10Fear not, for I *am* with you; Be not dismayed, for I *am* your God.I will strengthen you, Yes, I will help you, I will uphold you with My righteous right hand.’

Target Thought: Jesus conquers our fears.

# Matthew 14:22-27 NKJV

# 22Immediately Jesus made His disciples get into the boat and go before Him to the other side, while He sent the multitudes away. 23And when He had sent the multitudes away, He went up on the mountain by Himself to pray. Now when evening came, He was alone there. 24But the boat was now in the middle of the sea, tossed by the waves, for the wind was contrary.25Now in the fourth watch of the night Jesus went to them, walking on the sea. 26And when the disciples saw Him walking on the sea, they were troubled, saying, “It is a ghost!” And they cried out for fear.27But immediately Jesus spoke to them, saying, “Be of good cheer! It is I; do not be afraid.”

In the Bible it says not to fear 365 times that is one time for every day. Everyone’s tempted to be afraid from time to time. Even adults are tempted to be afraid sometimes. That’s why it’s such great news that Jesus can conquer our fears when we place our trust in Him.

The Bible tells about a time when even Jesus’ friends, the disciples, were afraid. One day, they got into a boat and started making their way to the other side of the lake. Before they got to the other side, it became dark. The wind started to blow, and the water became very rough. This storm was so scary! And then they saw someone walking on the stormy water toward them. They thought it was a ghost, and they were terrified!

Shortly after, they heard Jesus’ voice. He said, "It is I; don't be afraid." When they realized it was Jesus, they invited Him into the boat with them, and they were no longer afraid. Jesus is always with us, He will never leave us or forsake us. Jesus knows everything and He will always make a way for us.

If we are tempted to be afraid we need to tell Jesus what is tempting us to be afraid and give our problem to Him and trust Him.

Dear God, if we are tempted to be afraid, help us to remember that with Jesus as our protector and friend, we have nothing to fear. In Jesus' name, amen.

How many times in the Bible are we told not to be afraid?

Is Jesus always with us?

What should we do if we are tempted to be afraid?