If You Can Believe KZ Sun Am Lesson 2/21/21

# Memory Verse: Mark 9:23 (NKJV)

**23**Jesus said to him, “If you can believe, all things *are* possible to him who believes.”

Target Thought: When we believe Jesus all things are possible.

If you were sick, what would your parents do? If you just had a minor rash or a little cold they might give you some medicine from the pharmacy and believe that it makes you feel better. But what if you were sicker than ever and your parents had no idea of what to do? They would most definitely make you a doctors appointment! They would follow the doctor’s orders completely and do everything they could to see you doing well again.

# Mark 9:14-27 (NKJV)

**14**And when He came to the disciples, He saw a great multitude around them, and scribes disputing with them. **15**Immediately, when they saw Him, all the people were greatly amazed, and running to *Him,* greeted Him. **16**And He asked the scribes, “What are you discussing with them?”

**17**Then one of the crowd answered and said, “Teacher, I brought You my son, who has a mute spirit. **18**And wherever it seizes him, it throws him down; he foams at the mouth, gnashes his teeth, and becomes rigid. So I spoke to Your disciples, that they should cast it out, but they could not.”

**19**He answered him and said, “O faithless generation, how long shall I be with you? How long shall I bear with you? Bring him to Me.” **20**Then they brought him to Him. And when he saw Him, immediately the spirit convulsed him, and he fell on the ground and wallowed, foaming at the mouth.

**21**So He asked his father, “How long has this been happening to him?”

And he said, “From childhood. **22**And often he has thrown him both into the fire and into the water to destroy him. But if You can do anything, have compassion on us and help us.”

**23**Jesus said to him, “If you can believe, all things *are* possible to him who believes.”

**24**Immediately the father of the child cried out and said with tears, “Lord, I believe; help my unbelief!”

**25**When Jesus saw that the people came running together, He rebuked the unclean spirit, saying to it, “Deaf and dumb spirit, I command you, come out of him and enter him no more!” **26**Then *the spirit* cried out, convulsed him greatly, and came out of him. And he became as one dead, so that many said, “He is dead.” **27**But Jesus took him by the hand and lifted him up, and he arose.

Today we read about a father’s desperate desire for his son to be healed. This man’s son was most likely not a little kid any longer but had been very sick from childhood. In fact, this sickness was so bad that it had almost taken the boy’s life many times before. When the father saw Jesus he explained his son’s situation to Him and asked Jesus to help them. Jesus then said to the father, “if you can believe, all things are possible to him who believes.” Immediately the father cried out and said,

“Lord I believe; but help my unbelief!” [He wanted Jesus to help him to only believe and not doubt]. Shortly after this we read that Jesus healed the man’s son. Jesus loves us so much that He will help us to believe.

What can we learn from this story? In this story we a see father who loved his son and wanted nothing more than to have him healed of his sickness. Due to his son being sick for so long the father had trouble with truly believing that he would ever be better. It’s likely that throughout the years this man had tried plenty of things in order to stop his son’s suffering but nothing worked until he met up with Jesus. This man was very much like your parents are today. Parents know when the Aspirin, Tylenol and chicken noodle soup don’t work and you’re still sick…it’s time to get you to the doctor! Jesus is the real doctor . Everything God says is the TRUTH and it’s very important that we believe Him. No matter what life throws at you ; find out what God said about it and believe. From now on you can face all your problems and troubles with confidence in what God said. Remember…”If you can believe, all things are possible to him who believes.”

Prayer: Dear Father God , Help us not to let our troubles determine how we feel or think. Let us always focus on Your promises and not the problem. Amen

1. What makes all things possible for us?
2. Will Jesus help us to believe?
3. Complete this sentence, everything God says is the \_\_\_\_\_\_and it is very important that we \_\_\_\_\_\_\_\_\_\_\_\_\_ Him.