The Purpose and Benefits of Praise Sun Pm 2/23/20

Psalm 100:4-5 (NKJV)

**4**Enter into His gates with thanksgiving, *And* into His courts with praise. Be thankful to Him, *and* bless His name.  
**5**For the Lord *is* good; His mercy *is* everlasting, And His truth *endures* to all generations.

Psalm 95:6 (NKJV)

**6**Oh come, let us worship and bow down; Let us kneel before the Lord our Maker.

Hebrews 13:15 (NKJV)

**15**Therefore by Him let us continually offer the sacrifice of praise to God, that is, the fruit of *our* lips, giving thanks to His name.

*Praise gets our focus off of us and our troubles and gets our focus on Him.*

Acts 16:22-26 (NKJV)

**22**Then the multitude rose up together against them; and the magistrates tore off their clothes and commanded *them* to be beaten with rods.

**23**And when they had laid many stripes on them, they threw *them* into prison, commanding the jailer to keep them securely.

**24**Having received such a charge, he put them into the inner prison and fastened their feet in the stocks.

**25**But at midnight Paul and Silas were praying and singing hymns to God, and the prisoners were listening to them.

**26**Suddenly there was a great earthquake, so that the foundations of the prison were shaken; and immediately all the doors were opened and everyone’s chains were loosed.

*Praise brings us to a place of humility.*

1 Peter 5:6-7 (NKJV)

6Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time,

7casting all your care upon Him, for He cares for you.

James 4:6 (NKJV)

**6**But He gives more grace. Therefore He says: “God resists the proud, But gives grace to the humble.”

*Praise causes the enemy to flee.*

James 4:7 (NKJV)

**7**Therefore submit to God. Resist the devil and he will flee from you.

2 Chronicles 20:22 (NKJV)

22Now when they began to sing and to praise, the Lord set ambushes against the people of Ammon, Moab, and Mount Seir, who had come against Judah; and they were defeated.

*Praise eliminates complaining and negativity from our lives.*

Psalm 63:3-4 (NKJV)

**3**Because Your lovingkindness *is* better than life, My lips shall praise You.  
**4**Thus I will bless You while I live; I will lift up my hands in Your name.

Isaiah 25:1 (NKJV)

**25**O Lord, You *are* my God. I will exalt You, I will praise Your name, For You have done wonderful *things;* *Your* counsels of old *are* faithfulness *and* truth.

*Praise makes room for God to bless us.*

Psalm 35:27 (NKJV)

**27**Let them shout for joy and be glad, Who favor my righteous cause; And let them say continually, “Let the Lord be magnified, Who has pleasure in the prosperity of His servant.”

Psalm 23 (NKJV)

**23**The Lord *is* my shepherd; I shall not want.  
**2**He makes me to lie down in green pastures; He leads me beside the still waters.  
**3**He restores my soul; He leads me in the paths of righteousness For His name’s sake.

**4**Yea, though I walk through the valley of the shadow of death, I will fear no evil; For You *are* with me; Your rod and Your staff, they comfort me.

**5**You prepare a table before me in the presence of my enemies; You anoint my head with oil; My cup runs over.  
**6**Surely goodness and mercy shall follow me All the days of my life; And I will dwell in the house of the Lord Forever.

Psalm 67:5-7 (NKJV)

**5**Let the peoples praise You, O God; Let all the peoples praise You.  
**6***Then* the earth shall yield her increase; God, our own God, shall bless us.  
**7**God shall bless us, And all the ends of the earth shall fear Him.

*Praise invites His presence.*

Psalm 22:3 (NKJV)

**3**But You *are* holy, Enthroned in the praises of Israel.

*Praise causes to be refreshed and renewed.*

Isaiah 40:31 (NKJV)

**31**But those who wait on the Lord Shall renew *their* strength; They shall mount up with wings like eagles, They shall run and not be weary, They shall walk and not faint.

*We count God to be all knowing, ever present, and faithful to us.*